

References
October 20, 2016

Depression

National Institute of Mental Health (NIH): www.nimh.nih.gov

National Alliance on Mental Illness (NAMI): www.nami.org

American Academy of Child and Adolescent Psychiatry (AACAP):
www.aacap.org/AACAP/Families_and_Youth/Glossary_of_Symptoms_and_Illnesses/Depression.aspx

Bullying

<http://www.bullyingstatistics.org/content/school-bullying-statistics.html>

<https://www.stopbullying.gov/what-is-bullying/>

<https://sites.google.com/a/une.edu/child-bullying-and-suicide/who-is-at-risk>

<http://www.nea.org/home/51629.htm>

<http://www.stopbullying.gov/respond/on-the-spot/>

<http://www.psychiatrytimes.com/major-depressive-disorder/cyberbullying-who-hurts-and-why/page/0/3>

<http://www.bullyingstatistics.org/content/bullying-and-suicide.html>

<http://www.violencepreventionworks.org/public/faqs.page>

http://articles.philly.com/2010-11-14/news/24955617_1_anti-bullying-olweus-middle-school

Anxiety

American Academy of Child and Adolescent Psychiatry (AACAP): www.aacap.org

Anxiety and Depression Association of America (ADAA): www.adaa.org

Minnesota Association for Children's Mental Health (MACMH): www.macmh.org

National Alliance on Mental Illness (NAMI): www.nami.org

University of Illinois Counseling Center Self-Help Brochures:

<https://counselingcenter.illinois.edu/brochures>

Drug Abuse

National Institute on Drug abuse. <https://www.drugabuse.gov/publications/drugfacts/high-school-youth-trends>.

Substance Abuse and Mental Health Services Administration, www.mentalhealth.samhsa.gov

Ramrakha et al. *The relationship between multiple sex partners and anxiety, depression, and substance dependence disorders: a cohort study*. Arch Sex Behav. 2013 July;42(5):863-72

Pompili et al. *Substance abuse and suicide risk among adolescents*. Eur Arch Psychiatry Clin Neurosci. 2012;262: 469.

Wilson et al. *Fatal crashes from drivers testing positive for drugs in the U.S., 1993-2010*. Public Health Rep. 2014;129(4):342-350.

Biecheler et al. *SAM survey on "drugs and fatal accidents": search of substances consumed and comparison between drivers involved under the influence of alcohol or cannabis*. *Traffic Inj Prev*. 2008;9(1):11-21.

Arseneault et al. *Cannabis use in adolescence and risk for adult psychosis: longitudinal prospective study*. *BMJ* 2002; 325(7374):1212-3.

Gruber et al. *Worth the wait: effects of age of onset of marijuana use on white matter and impulsivity*. *Psychopharmacology* 2014; 231(8): 1455–1465.

Andréasson et al. *Cannabis and schizophrenia: a longitudinal study of Swedish conscripts*. *Lancet* 1987; 2 (8574): 1483–1485.

Lanza et al. *Trends Among U.S. High School Seniors in Recent Marijuana Use and Associations With Other Substances: 1976–2013*. *J of Adolescent Health* 2015; 57 (2); 198-204.

Meier et al. *Persistent cannabis users show neuropsychological decline from childhood to midlife*. *PNAS* 2012; 109 (40); E2657–E2664.

Kline et al. *Early Cannabis Use and Estimated Risk of Later Onset of Depression Spells: Epidemiologic Evidence From the Population-based World Health Organization World Mental Health Survey Initiative*. *Am J Epidemiology* 2010; 172 (2): 149-159.

Bolla et al. *Dose-related neurocognitive effects of marijuana use*. *Neurology* 2002. 59 (9): 1337–43.

Riedel et al. *Cannabinoid Function in Learning, Memory and Plasticity*. *Handbook of Experimental Pharmacology* 2005; 168 (168): 445–477.

Gloss et al. *Cannabinoids for epilepsy*. *The Cochrane Library* 2014

Strasser et al. *Comparison of orally administered cannabis extract and delta-9-tetrahydrocannabinol in treating patients with cancer-related anorexia-cachexia syndrome: a multicenter, phase III, randomized, double-blind, placebo-controlled clinical trial from the Cannabis-In-Cachexia-Study-Group*. *J Clin Oncol*. 2006;24:3394-3400.

Shane, et al. *Impact of victimization on substance abuse treatment outcomes for adolescents in outpatient and residential substance abuse treatment*. *The Amer J of Addictions*. 2010. 15 (1):s34–s42.

Links to suicide prevention programs

NAMI's page on Suicide Prevention. <http://www.nami.org/Get-Involved/Awareness-Events/Suicide-Prevention-Awareness-Month>.

The page also has three beneficial links:

- [Know the Warning Signs and Risk of Suicide](#)

- [Preventing Suicide as a Family Member or Caregiver](#)
- [Being Prepared for a Crisis](#) — I use this in Clinical Practice frequently.

2.) NIH Website on Suicide Prevention:

<http://www.nimh.nih.gov/health/topics/suicide-prevention/index.shtml>

The National Suicide Prevention Lifeline # is: **1-800-273-TALK (8255)**, available 24 hours a day, 7 days a week. The service is available to everyone. The deaf and hard of hearing can contact the Lifeline via TTY at 1-800-799-4889. All calls are confidential.

3.) Link to PDF Informational Handout for Teens on Suicide (right click to save): http://www.nimh.nih.gov/health/publications/suicide-a-major-preventable-mental-health-problem-fact-sheet/teen-suicide_141731.pdf

4.) **David Brent** is one of the big names in Suicide literature in kids. I was able to find slides from a 2016 presentation: <http://www.starcenter.pitt.edu//Conference/FINAL%20-%20Saving%20Holden%20Caulfield%204%2015%2016%20jic%20edits%20-%20FINAL.pdf>

Additionally, here is one of his older presentations: <http://docslide.us/documents/suicide-risk-comprehensive-assessment-and-clinical-management-david-a-brent.html>

Here is a Clinicians Guidebook that he wrote: <https://www.amazon.com/Treating-Depressed-Suicidal-Adolescents-Clinicians/dp/1606239570>

5.) Powerpoint by Dr. Lanny Berman, Executive Director of American Association of Suicidology http://www.dcoe.mil/event_docs/suicide_prevention_conf/14_JAN_09_BERMAN_1300-1340_BOWIE_B_RRSR_DoD_VA_2009_conference_San_Antonio.pdf

6.) SAMSHA website on Suicide Prevention for individuals with comorbid D&A use: <http://www.samhsa.gov/suicide-prevention>

7.) A Model School District Policy on Suicide Prevention (PDF): https://afsp.org/wp-content/uploads/2016/01/Model-Policy_FINAL.pdf

8.) Computerized Intervention mentioned in the literature: Interactive Screening Program (ISP): <https://afsp.org/our-work/interactive-screening-program/the-isp-in-depth/>